

ਸੁਭ ਕਰਮਨ ਤੇ ਕਬਹੂੰ ਨ ਟਰੋਂ

Never refrain from righteous Acts.



Sikh Welfare Society

"Service with Sacrifice"

Registered Charity No: 1155444

16th Annual Function

Saturday 25th May 2024



ਭਾਈ ਘਨੂਈਆ ਜੀ ਜੰਗ ਵਿੱਚ ਬਿਨ੍ਹਾਂ ਕਿਸੇ ਵਿਤਕਰੇ ਤੋਂ
ਜ਼ਖ਼ਮੀਆਂ ਨੂੰ ਜਲ ਛਕਾਉਂਦੇ ਹੋਏ

**Venue: London Chigwell Prince Regent Hotel
Manor Road, Woodford Bridge, Essex IG8 8AE**

Medical Camps 2024



Wes Streeting MP
Member of Parliament for Ilford North



HOUSE OF COMMONS
LONDON SW1A 0AA

Sikh Welfare Society

Tel: 020 3475 7901
Email: wes@redbridgelabour.org.uk
Our Ref: SG/ZA69116

1st May 2024

Dear friends,

I am delighted to be writing to you ahead of the Sikh Welfare Society's 16th annual function. Despite some incredibly challenging years, the Sikh Welfare Society has continued to support communities here in Redbridge and around the world.

Whether it be organising medical and eye camps in some of the most deprived areas of Panjab and Haryana in India, donating gift vouchers to the children's wards at both King George and Queen's Hospitals, or supporting the Salvation Army and the London Air Ambulance Charity, the Society's invaluable work is appreciated by so many.

Thank you to the Sikh Welfare Society for your continued hard work and dedication. It is a pleasure to celebrate all of these successes and I hope everyone enjoys the evening!

Best wishes

Waheguru Ji Ka Khalsa Waheguru Ji Ki Fateh!

WES STREETING
Member of Parliament for Ilford North

Constituency Office:
12a Highview Parade, Woodford Avenue, Ilford, IG4 5EP
Tel: 020 3475 7901
www.wesstreeting.org



Tanmanjeet Singh Dhesi MP

8th May 2024

Letter of Support: Sikh Welfare Society

To whom it may concern,

I commend the valuable work that the Sikh Welfare Society does for communities both in India and the UK and thank them for their exceptional continued commitment to helping those most in need.

Through health camps in rural India, the Society has provided valuable medical and diagnostic services to those who do not have easy access to community healthcare. From cancer awareness to eye health, their work saves and changes lives.

In the UK, with the cost-of-living crisis causing struggle and strife, the Society has been ever present, working hard to help the most vulnerable in our community.

The Sikh Welfare Society is a shining example to us all and I wish them all the best in continuing their excellent work.

Best wishes,

Tanmanjeet Singh Dhesi MP

Labour Member of Parliament for Slough

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📺 Tan Dhesi MP



10th May 2024

Dear friends at the Sikh Welfare Society

Ahead of your annual celebration, I would like to express my gratitude and appreciation for the outstanding work the society has been doing in our community. For 16 years your selfless dedication and unwavering commitment to serving others has had a profound impact in Redbridge.

The Sikh Welfare Society's tireless efforts to promote equality, compassion, and social justice are commendable. The community outreach programs, educational initiatives, and humanitarian aid projects have brought hope and support to those who need it most. The delivery of vital health resources to those in rural India, and your support for those experiencing homelessness has had an immeasurable effect. You truly embody your motto – Service with Sacrifice.

The emphasis on interfaith dialogue and fostering understanding among diverse communities has played a vital role in promoting peace and coexistence. The respect you demonstrate towards people of all backgrounds exemplifies the best of our Redbridge community.

On the 16th anniversary of the Society and on behalf of Redbridge, I would like to express our deepest gratitude for the impact you have had. We are grateful to have you as an integral part of our community and wish you the very best for your 2024 celebration.

With gratitude,

Cllr Jas Athwal
Leader, London Borough of Redbridge



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even better

King George & Queen's Hospitals Charity
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Sikh Welfare Society
501 High Road
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IG1 1TZ

Thank you



"Your support really means a lot to all our staff and patients and makes such a positive difference to the time they spend in our hospitals".

Kathryn Halford, OBE
Chief Nurse
BHRUT

18 December 2023

Dear Members

Another generous donation

I am writing to thank you personally, and on behalf of King George and Queen's Hospitals Charity, for your very kind donation of £1,100.00 to assist us in the purchase of items for Children's Play in our hospitals. It makes such a difference to our young patient's time with us and helps with their recovery.

Our charity has a very important place in the community. It is not our aim to subsidise the core essential funding that is the responsibility of the NHS. We look at the things that fall outside of NHS funding. If we find that certain items or services will make the hospital journey even better, we do our best to raise funds to turn a wish list into a reality. We fund projects which our staff and patients tell us will enhance their hospital experience. We help to make the journey more efficient, informed and comfortable.

Once again, many thanks for your support – we are working hard to make our hospitals even better. We simply couldn't do what we do without people just like you supporting us in the community.

A very Merry Xmas to you all and a Happy and Healthy 2024

Marina

Marina Christopher
Fundraising Office Manager



Donation Photographs for Queens Hospital





Brookside Adolescent Unit
107a Barley Lane
Ilford
IG3 8XQ

11th May 2024

Dear Sikh Welfare Society,

Brookside adolescent unit want to thank you for your kind donation which we received over the Christmas period. Thanks to your generosity your donation will help us on our journey towards funding a sensory garden at the unit. This project is a continuous work in progress and your donation is very much appreciated in aiding the future success of the sensory garden.

We are grateful for your continued support here at Brookside.

Best wishes

Brookside.



09.05.2024

Sikh Welfare Society

Re: Donation of £1100 on 30.04.2024 to help save lives across London

You have made our day!

Thank you and the members of the Sikh Welfare Society so much for your kind donation of £1100. It is always an inspiring and humbling experience to receive donations from supporters like yourself who share our determination that seriously injured people in and around London deserve the best chance of survival and full recovery...

Many people do not know that London's Air Ambulance is a charity that only receives partial funding from the NHS. This means our ability to continue providing hospital level healthcare to people suffering catastrophic traumatic injury is dependent on the generosity of like-minded supporters wanting to ensure that the capital's only helicopter emergency medical service continues to fly...

Your belief and investment in our services means we can continue to attend traumatic events from mass casualty tragedies like the Grenfell Tower fire and London Bridge attack, to caring for the victims of serious road traffic accidents and violent crime...

Time is precious when a life is on the line. When every second counts, supporters like you help us to be there for people who need us the most. Thank you so much...

Please do contact me should you have any questions or require any further information...

Kind Regards,

David Springer

Community Fundraising Area Lead

D.Springer@londonsairambulance.org.uk

P.S. Many of our supporters like to stay in touch to receive our latest news and hear how their donations are helping to save lives across London. In a recent survey, an overwhelming 96% of respondents said they were happy with the communications we send them. Please scan the QR code or visit www.londonsairambulance.org.uk/form/consents. Thank You.



Pavandeep Kaur Ahluwalia-Dhanjal

"My aim is to make available our unique and beautiful henna to all. I hope to see henna treatments become a mainstay of the wider beauty bookings arena – bringing henna to the High Street!" – Pavan Dhanjal

Pavan Dhanjal, a visionary entrepreneur and pioneering force in the beauty industry, was born and raised in East London, where her parents instilled in her a potent blend of ambition and entrepreneurial spirit.

At the tender age of fifteen, Pavan discovered her passion for henna artistry at a family wedding. From that moment, she was captivated, dedicating herself to mastering the craft and cultivating a distinctive style that set her apart in the industry. Determined to make henna art accessible to all, she embarked on a journey to revolutionize the beauty landscape.

Pavan's talent and dedication quickly garnered attention, culminating in two Guinness World Records in 2012 for completing an astonishing 512 unique armbands in just one hour. This feat catapulted her into the spotlight, leading to the invitation to open a pop-up henna bar in Topshop's iconic Oxford Circus Store—a venture that proved to be a resounding success.

Building on this momentum, Pavan established her flagship Henna Bar in Selfridges, Oxford Street, a milestone that marked the beginning of a decade-long partnership with the renowned retailer.

Driven by a commitment to sustainability and excellence, Pavan launched her own line of specially-sourced henna products, earning accolades such as the prestigious British Empire Medal for Services to Beauty in June 2018.

Renowned for her innovative collaborations, Pavan has left an indelible mark on the industry, from captivating window displays at Harrods to bold partnerships with Formula One teams and high-profile celebrities. Her influence extends beyond the realm of beauty, with bespoke designs gracing the runways of renowned fashion houses.

In 2024, Pavan's entrepreneurial journey reached new heights as she secured investment from a Dragon on the acclaimed television series *Dragons' Den*, propelling her brand to even greater prominence.

Today, Pavan serves as an Advisory Board Member for the British Beauty Council, championing inclusivity and cultural diversity within the industry. Her vision extends globally, with The Henna Bar expanding its presence across major cities worldwide, from London to Los Angeles, Dubai to Milan.

As a published author of the best-selling guide "Part-Time Ink," Pavan empowers enthusiasts to explore the art of modern henna design from the comfort of their homes.

With her unwavering passion and commitment to making henna artistry a mainstay of the beauty landscape, Pavan Dhanjal continues to inspire and innovate, bringing culture to the masses one intricate design at a time.



Magic Singh

"My aim is to put a smile on every face I meet and leave individuals with a sense of childlike wonder and belief that anything is possible. I want my magic to serve as a captivating reminder of the extraordinary possibilities that lie just beyond our perception..."

With over 2 Million loyal followers on Social Media and clients like McDonalds, Audi, Samsung, Warner Brothers, and Converse to name a few, Magic Singh has made a synonymous name in his field.

Magic Singh is the stage name of London born Amardeep Singh Dhanjal, who began his magic career at the tender age of 11 on receiving a deck of trick cards from his parents at Christmas.



There was no looking back; Amardeep's talent was unmistakable. Entirely self-taught, he carried his cards with him everywhere, poring over books and journals in the local library and studying perched at his parents' computer for endless days.

With practice came rapid growth in his confidence and ability: At home he wowed family with his tricks and slights of hand. At school he held court to crowds of curious students and enthralled teachers on the playground concourse.

So the name Magic Singh was born.

By 15 Amardeep was a fully-fledged member of the esteemed 'The Young Magician's Circle,' a club for talented children magicians. He won access to the secret journals and papers of The Magic Circle HQ in London. Further study and fully-fledged membership of the elite 'The Magic Circle' followed suit at 18. Just recently Magic Singh has been promoted to 'Member of the Inner Magic Circle with Gold Star'.

Today, highly respected and widely considered one of the UK's finest magical talents, Magic Singh transports his brilliantly unique and modern style of visual magic and mind reading to all corners of the globe, enchanting high-profile audiences everywhere from festivals to weddings, private parties, charity galas and corporate celebrations.

Dame Judy Dench, Idris Elba, Simon Pegg, Andy Serkis, Craig David, Wladimir Klitschko, Sachin Tendulkar, The Ambani's, Emili Sande, Peter Andre, The Black Eyed Peas, Amitabh Bachchan, Hritik Roshan, Aamir Khan, Karan Johar, Ranbir Kapoor, Shilpa Shetty, Jackie Shroff and many more have been thrilled and astonished by his wondrous work both on stage and intimately amongst his audience at the closest quarters.

In 2018 Magic Singh was honoured when we was asked to travel to Chandigarh, North India and deliver a TEDx talk on magic as an art form.

The summer of 2021 saw Magic Singh's Westend Debut. Performing on the World famous stage 'The Palace Theatre' Magic Singh was featured in the 'Wonderville' show.

From West London to West Hollywood, Magic Singh has now taken his taken to Hollywood where he has hosted 2 sell-out shows.

Magic Singh is set for Global stardom bringing magic and culture to the masses.

Honorary Guest Premi Johal

Premi Johal: Pioneering the UK Bhangra Group is bhangra music band that originated in the early 1980s. Johal's musical vision crystallized into reality with the formation of Premi Group. Also known as pioneers of British Bhangra and one of the most successful British Bhangra bands in history. Inspired by the legends of the era—Gurdas Maan, Kuldeep Manak, and Sukhshinder Shinda

A collective of like-minded artists including Jassi, Raju, Satish, Binder, and Pindi. Together, they embarked on a journey to transcend cultural boundaries and ignite the flames of Bhangra across the world.

Johal remained at the forefront of innovation, crafting Punjabi songs for special occasions such as the Choori ceremony, milni song, anniversary song, and even the 1st happy birthday song in Punjabi. His recent hit single "Tu Meri Sardarni," produced by Popsy-the music machine, resonated with fans across the globe, cementing his status as a musical luminary.

Their debut album, "Chhamak Jahi Mutiyaar," crafted in collaboration with the illustrious Kuljit Bhamra, shattered records and captivated hearts worldwide. With infectious beats and poignant lyrics, Johal and his comrades became the torchbearers of a new era in Punjabi music, fusing tradition with innovation to create a sound that resonated with audiences of all backgrounds.

Their relentless touring schedule took them to countries far and wide, including Singapore, Canada, the USA, Kenya, Europe, and the UK, where adoring fans bestowed upon Johal the title "King of Stage."

The album "Gidha Paa Nikiye," featuring the timeless anthem "Tina O Tina," catapulted Premi Group to unprecedented fame, enchanting listeners from London to Los Angeles.

As the years rolled by, Johal's star continued to ascend, fueled by collaborations with visionary music directors such as Kuljit Bhamra, Raju Premi, Raghvir Singh Rahi, Gubzy, and Popsy-the music machine. Their electrifying performances electrified sold-out crowds in every corner of the globe, from the bustling streets of Mumbai to the glittering avenues of Singapore.

Albums:

The band's discography boasts acclaimed albums like:

“Chhamak Jahi Mutiyar”

“Me Teri Hogayi”,

“Nachdi Di Gut Khulgayi”,

“Frontline”,

“Premi No.1”,

“Premi Strikes Again”,

“Punjabi Munde Paun Bhangra”,

Digital hits include:

“Rani Gidhiya Di”,

“Balle O Punjabiyo”

“Tu Meri Sardarni”

Premi Johal stands as a testament to the power of passion, perseverance and the timeless allure of Punjabi music. He not only shaped the UK Bhangra scene of the 80s and 90s but also left an indelible mark on the global cultural landscape, inspiring generations to come.

Premi Johal



Chairman's Report 2023/24



As I write this report, reflecting on the year it has been a delight to serve our communities here and in India. There is a saying, 'From little acorns grow mighty oak trees' and the Sikh Welfare Society has flourished year after year to become the organisation it is today, surpassing the charitable deeds we set out to achieve all those years ago. It is fair to say that the society has stayed true to its core aims and values, namely:

1. To promote the physical health of the Public by providing medical help i.e. Eye camps, medical camps, and Cancer awareness / Diagnostic camps in the rural parts of India.
2. To support charitable causes by donating funds to established and registered charities in UK
3. To advance the education of the Public by creating awareness and knowledge about the Sikh religion especially among young Sikhs.

The society members meet on the final Friday of each month to discuss where our efforts will be concentrated in the following year. In 2023/24, the society carried out the following events/donations:

The medical camps in India have given a second chance with their health, in some cases the gift of sight. Without the camps, these people would simply not have been able to access healthcare and it is so humbling when one sees the smile on the faces of the people who have received the benefits of your charitable donations.

The society continued the tradition of donating to the Children's ward at Queens & King George hospital for the children who are unfortunate enough to be in hospital at Christmas.

The society also donated to the Brookside Child and Adolescent Inpatient Unit for the great work they do in the community.

The Salvation Army who do tremendous work for the homeless is another charity the society donated funds for their good work

The Air Ambulance, another service that provides invaluable help at critical times was also a recipient of funds from the Sikh Welfare Society

To conclude, on behalf of the Sikh Welfare Society, I would like to thank everyone who has contributed to this noble cause with their hard work, commitment, and financial assistance. Your help and efforts are appreciated by the people who need the help the most.

Thank you all for another excellent year. I look forward to continuing to break barriers in 2024/25 with you all.

Jas Athwal
Chairman 2023/24

General Secretary's Report 2024

Satnam Singh Sandhu

It is my pleasure to welcome Madam Mayor of London Borough of Redbridge, distinguished guests, members of The Sikh Welfare Society and their families, friends and sponsors at the 16th Annual function of the Society.

The journey of members of The Sikh Welfare Society started in 2005. In the beginning members were apprehensive about the success of the vision that was envisaged by the like-minded friends. But members' perseverance and confidence paid off when on 18th April 2008 Sikh Welfare Society was launched at Carton Club, High Road, Ilford.

Since the first camp at Ramdas, charitable work of the Society has grown many folds. This year the Society organised five Eye and Medical camps. All camps were hundreds of miles apart in the most deprived areas of Panjab and Haryana. Almost seven hundred cataract operations were carried out and many more patients were checked and given eye drops, glasses and other medication by the eminent doctors.

Special thanks Dr Surjit Singh Makkar, Maharaja Ran Singh Society and all our friends at Moonak and Bhuna camp for their help. At Raghwal we thank Sukhjot Singh Sandhu, Nimritajit Kaur, Principal of Shivalak Hill High School and all the support staff for making it possible for us to organise the camp there. Finally, Col Satbir Singh and all our friends and support staff at Jhabal. Without the help of all the above friends, doctors and the support staff, it would not be possible for society to accomplish our mission.

We are very grateful to our members Boota Singh Nijjer, Mandeep Singh Binning, Jasvinder Singh Sandhu, Gurvir Singh Atkar, Paul Waraich, who, with their families attended the camps. Special thanks to Boota Singh Nijjer for the hospitality. Four camps were paid for by Sikh Welfare Society and one camp at Kultham was paid for by our member Gurvir Singh Atkar and Mandeep Singh. Also thanks to all the friends who attended the camps, especially Mangat Singh Sall.

Here in the UK, as always we support our local Mayor's charity, The Salvation Army, London Air Ambulance Charity, Brookside Adolescent Unit and provided toys vouchers for children at Queens Hospital who spent Christmas at the Hospital. The Society appreciates efforts made by our members Daljit Singh Johal, Surjit Singh Toot and Cllr Jasbir Singh Athwal our chairman for organising the donations.

As many hundreds of thousands students came into this country on student visas, not only from Panjab but all over India, the cost of living crisis is forcing them to come to our Gurdwaras for langar (free food). To ease some burden on Gurdwara finances, the Sikh Welfare Society supplies weekly deliveries of vegetables to both Seven Kings and Barking Gurdwara.

The Society appreciates the generosity of our members Kashmir Singh Shergill and Balwinder Singh for organising the entertainment and screens. They also paid for the refreshments at the function, along with Jasvinder Singh Sandhu, Surjit Singh Toot and Gurprit Singh Toot.

Special thanks to Amrik Singh Gill who works tirelessly to gather all the information regarding camps, donations and pushes other members to meet deadlines so that our brochure can be printed in time. This year again Harjinder Singh Johal and Amrik Singh Gill donated the raffle prizes. As always thanks to Tarsem Singh Bains and his team for setting up the stage.

Finally, I would like to offer my sincere thanks to all members of the Sikh Welfare Society and their families for the endless support over the years. Without their help we would not be where we are today. With their dedication, there are tens of thousands of people who have eyesight today. Once again thank you all for coming tonight, enjoy the evening.

Waheguru Ji Ka Khalsa Waheguru Ji Ki Fateh

ਸੁਭ ਕਰਮਨ ਤੇ ਕਬਹੂੰ ਨ ਟਰੋਂ

Never refrain from righteous Acts.



**A Welcome Message
From the Members of the Sikh Welfare Society
for our 16th Annual Function**

Our annual function takes place after Vaisakhi each year. As you are all aware Vaisakhi is the holiest day in the Sikh faiths calendar. It marks the ceremony in 1699 when on the first day of the month of Vaisakhi the tenth Guru, Sri Guru Gobind Singh Ji, created the order of the Khalsa. On this day, the Panj Pyare (the 5 beloved ones) came forward to offer their heads to their Guru. The Amrit ceremony marked their "rebirth" as the first of a new order. Guru Gobind Singh Ji gave them an identity (Five Kakar), a strong sense of discipline and a moral code of conduct. The combined code of conduct made them Saint Soldiers with a commitment to defend faith and the oppressed.

Everyone is invited to join us in our annual function and celebration of the spiritual harvest of Vaisakhi. The celebrations promise to be a family geared free event.

We are grateful to all our friends including those who have advertised in our brochure for all their continued support.

We hope you will enjoy the evening.

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Religious Books

The society has designed number of books on Sikh religion and were distributed free of cost all over the U.K and Europe. The first book was designed under the title SIKHISM and 30,000 of these books were printed and distributed free.

The second book was designed in our mother language Punjabi with addition of Punjabi alphabet so that our future generations can also learn our own language. Ten thousand of these were printed. Some of these books were also distributed free in India.

In 2019 on the 550th birthday of Sri Guru Nanak Dev Ji the SIKHISM book was updated with additions of few pages based on the life of our first Guru Nanak Dev Ji.

In 2021 a new book was published based upon the celebrations of ninth Guru Sri Tegh Bahadur Ji Maharaj coming into this world. Five thousand of these books are being distributed.

All these books are marked with FOR FREE DISTRIBUTION ONLY and are delivered at our own expenses.

Also these books can be downloaded free from our website www.sikhwelfaresociety.co.uk

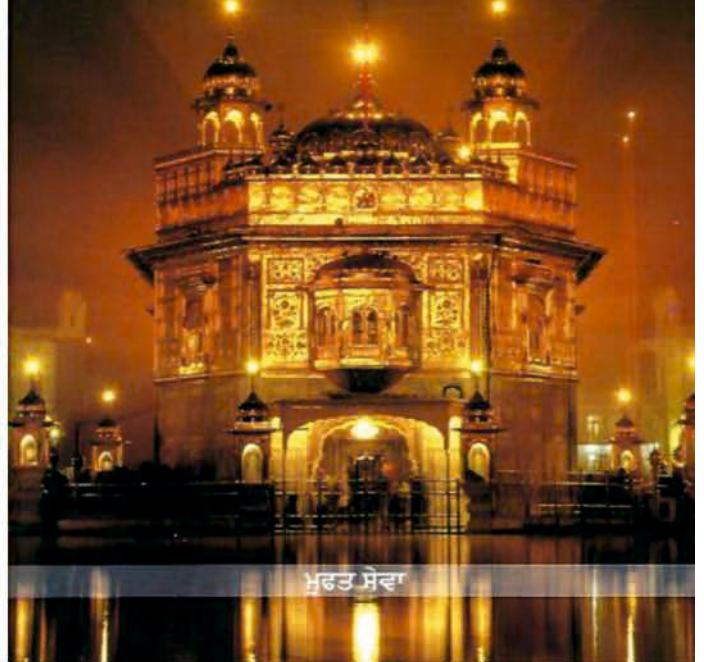


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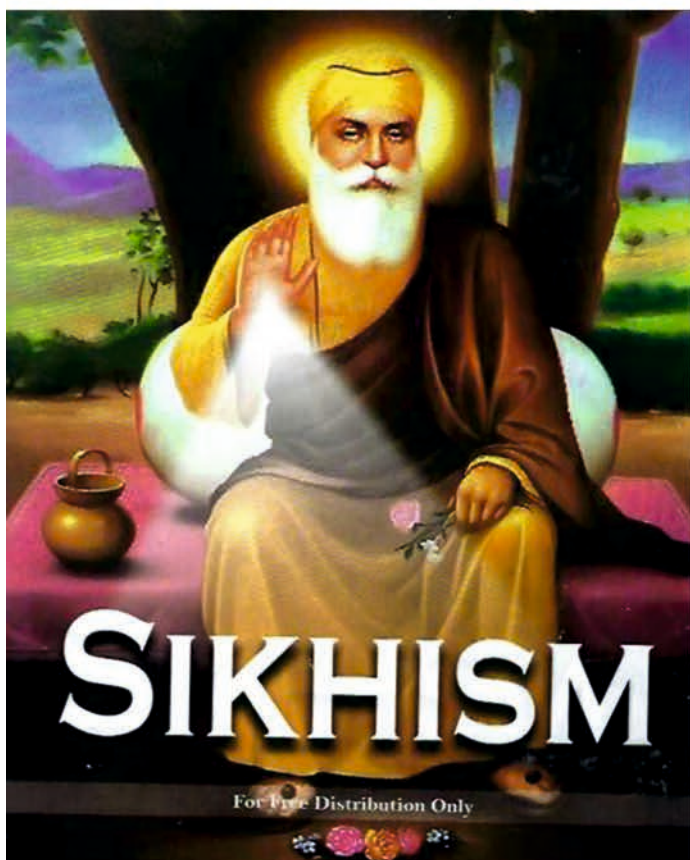


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Medical Camp at Moonak Distt Sangrur

9th March 2024

Moonak is a town situated on the border of Punjab and Haryana. It is a deprived area because of its bordering location. A multi-speciality camp was held which also included eyes check-up.

Eyes check up:	Dr. Manvander Singh MBBS Jain Samadhi Hospital Tohana	
	Patients checked.	974
	Eyes Operation	308
Spine Diseases	Dr Raj Bahadur Regional Spine Centre Mohali Patients checked.	348
General Cases	Dr. Girdhari Lal Goyal MD	
	Patients checked.	190
Skin Diseases	Dr. Bhushan Kumar Ex. Prof. PGI	
	Patients checked	314
Chest Diseases	Dr Bindu Goyal Singla MBBS,MD,FXM	
	Patients checked.	82
Cardiology	Dr. Rajat Sharma Rhythm Specialist Fortis Mohali Patients checked	88
Gynaecology OPD	Dr Sarla Malhotra Ex Prof. PGI	
	Patients checked	58
	TOTAL OPD	2054

Patients were provided with free medicines and X-rays facilities whoever required. We are Grateful to **Maharaj Ran Singh** Welfare Society Moonak for their support in this Camp. We are also thankful to **Jain Brothers** for providing free Langar Seva.

Medical Camp Moonak, Distt Sangrur

9th March 2024



Medical Camp at Bhuna, Distt Fatehabad Haryana

10th March 2024

This Town is quite close to Punjab and Haryana border and our society has been providing these medical services to the local community from more than 15 Years now.

Eyes OPD:	Dr Manvinder Singh MBBS,M.S. Jain Samadhi Hospital Tohana	
	OPD	714
	Cataract Operations	150
	Others were provided with eye drops and essential medicine	
Orthopaedics	Dr. Sanjay Arora M.B.B.S. Orthomed Hospital, Hisar	
	Ortho OPD	295
Dermatology	Dr. Rama Bansal MBBS, D.V.D. Bala Ji Child Hospital Fatehabad	
	Skin OPD	390
Children Medical Check up	Dr. Satish Bansal MBBS Bala Ji Child Hospital Fatehabad	
	Child OPD	175
Dental OPD	Dr Deepak & Puneet Bansal Bansal Dental Hospital.Bhuna	
	Dental OPD	325
ENT	Dr Sachin Jindal MBBS, M.S. Advance ENT Care Hissar	
	Patients Checked	235
Gynaecology OPD	Dr Nidhi Jain MBBS, M.S. Goyal Nursing Home Ratia	
	Patients Checked	182
TOTAL OPD CAMP		2250

Free Service Provided:

Langar, Tea, Biscuits & Refreshments provided by Baba Randhir Mandir, Bhuna
Sangam Laboratory Bhuna Free Sugar Tests, Blood Tests and X- Rays
Luxmi Tent House Bhuna
Neelkand Water Service and Sunny sound service
Medical Association Bhuna staff.

Medical Camp Bhuna, Distt Fatehabad

10th March 2024



Eye Camp Report: Kultham Village, Near Phagwara

Kultham, nestled in the Shaheed Bhagat Singh Nagar district of Punjab State, India, witnessed a transformative event with the inaugural Eye Camp. Situated 15 kilometres (9.3 mi) from Banga and 10 kilometres (6.2 mi) from Phagwara, the village embraced this initiative with remarkable enthusiasm.

The response exceeded our expectations, with an encouraging turnout and positive feedback from the community.

Key Statistics:

Total Individuals Examined: 670

Number Requiring Lenses: 102

Surgeries Conducted: 91

Spectacles Distributed: 418 pairs

Medication Provided: Benefiting 150 individuals for various eye-related conditions.

The camp not only addressed immediate eye care needs but also facilitated access to essential medication and post-operative care. Its impact extends beyond vision enhancement, fostering a healthier community.

This successful endeavour underscores the importance of targeted healthcare interventions in rural areas. It not only enhances quality of life but also underscores the significance of community engagement in healthcare initiatives.

Moving forward, we aim to build on this success, expanding our reach and impact to ensure sustained access to eye care services.

Eye Camp Report: Kultham Village

March 2024



Medical (Eye) Camp 16th March 2024

Shivalak Hills Public High School, Raghwal, P.O. Manhota,
Hoshiarpur

This medical camp was organised by The Sikh Welfare Society at Shivalak Hills Public School with the kind help of Advocate Nimritajit Kaur and Sukhjit Singh Sandhu. Without their support, this venture would not have been made possible.

The camp was held in an area on the Panjab Himachal border which has very few opportunities due to the district's economy. For instance, without the generosity of the school's management, a number of residents would not be able to educate their children.

The Society is eternally thankful to Ajit Singh Randhawa, Madam Principal and the staff of the school, Medical staff and other local friends for their for their hard work to make this camp a success.

Key figures from the camp

Number of patients examined	400
Number of surgeries performed	53
Number of spectacles distributed	319
Medication prescribed as required	

Medical checkups and operations were carried out at Akal Eye Hospital, Jalandhar. The Society is privileged to have an association with the Hospital and is grateful for their continued support.

Medical (Eye) Camp, Raghwal

16th March 2024



Medical Camp at Jhabal (Amritsar)

March 2024

This year's Amritsar camp was held at a town called Jhabal. It is situated 20 kilometers from Amritsar and fairly close to the Wagah border of Pakistan. Jhabal is in close proximity of Bir Baba Budha Sahib which holds a prominent place in the Sikh history.

Baba Budha Ji spent many years of his life here and Guru Arjan Dev Ji also visited this place. Baba Budha Ji looked after the vast area of forest land and did farming. He was a venerable sikh who lived up to the age of 125. He anointed five succeeding Gurus after Guru Nanak Dev Ji.

The camp was well attended. It was a pleasant day. Patients came from far and wide. Guru ka langar was served throughout the day. Having spoken to a number of patients they were all very appreciative for the good work being done.

During the day 968 patients (OPD) were checked. 186 patients needed cataract operation.

It was noticeable that the average age of patients was higher than the age in the previous years. The number of female patients was high too.

Medical Camp at Jhabal (Amritsar)

March 2024





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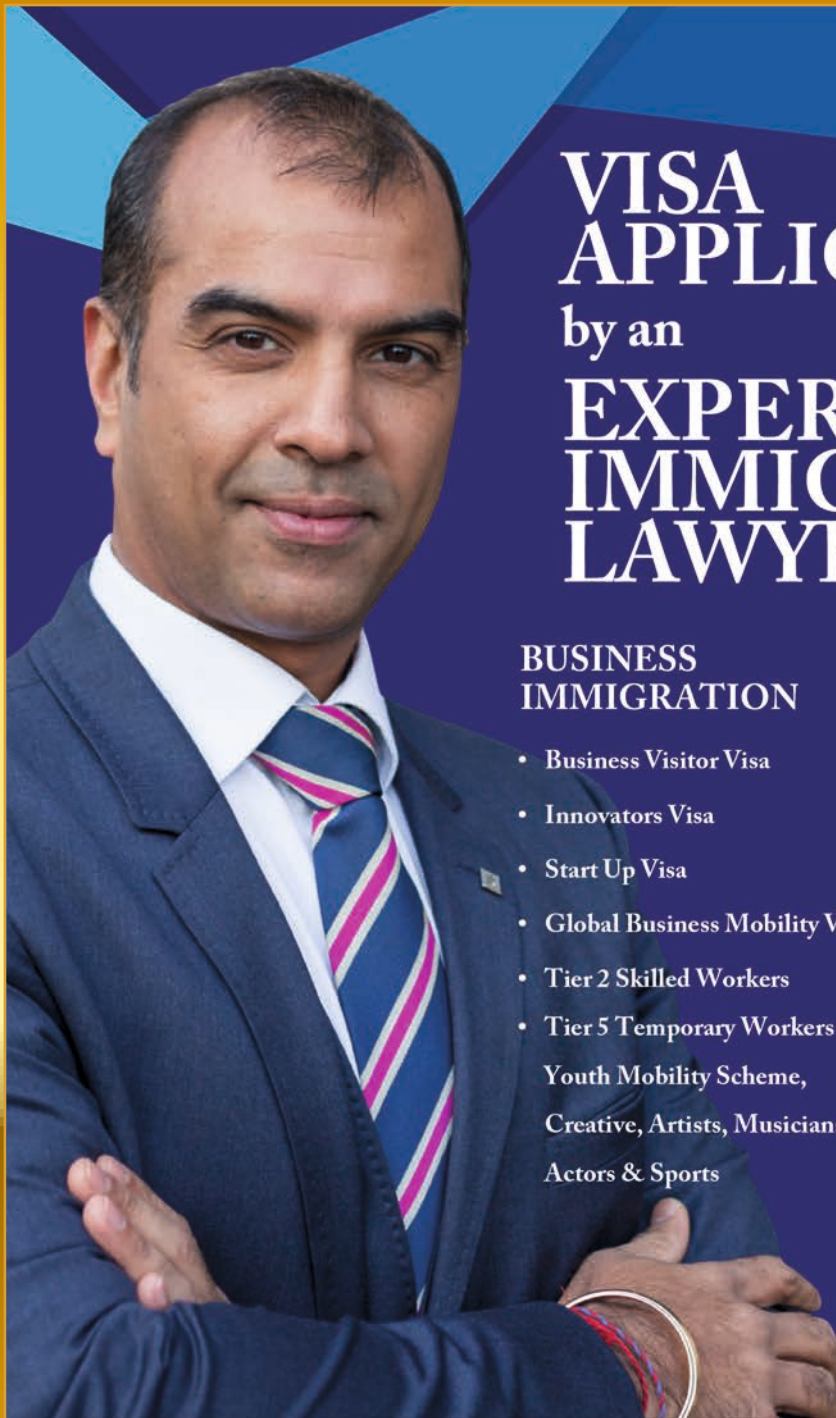
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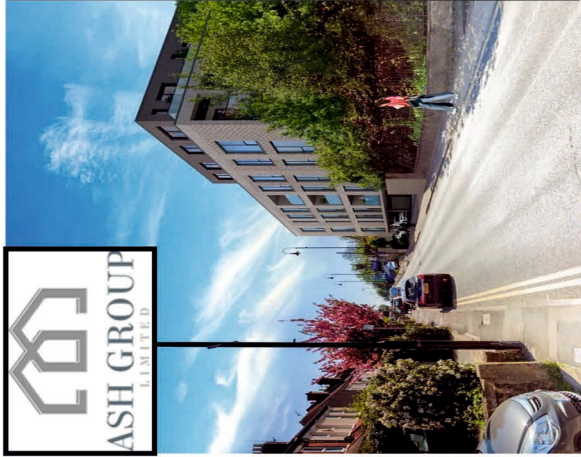
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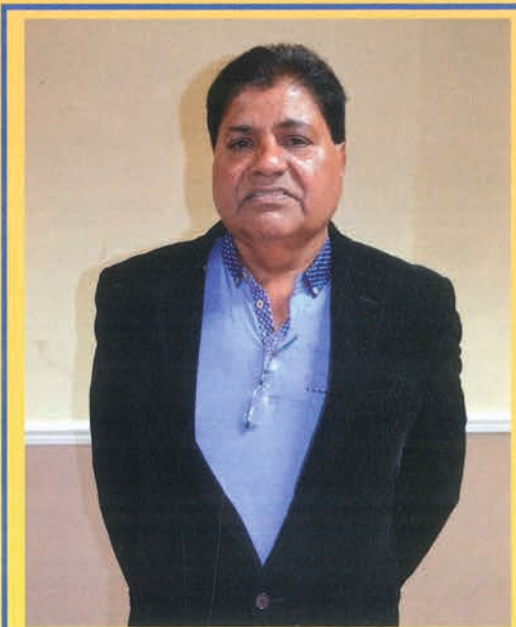
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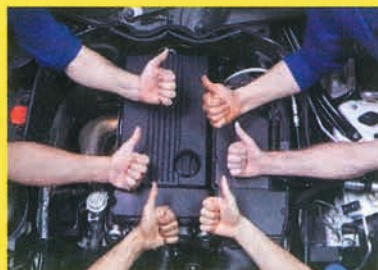
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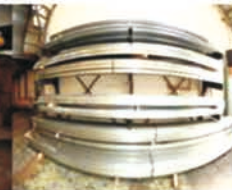
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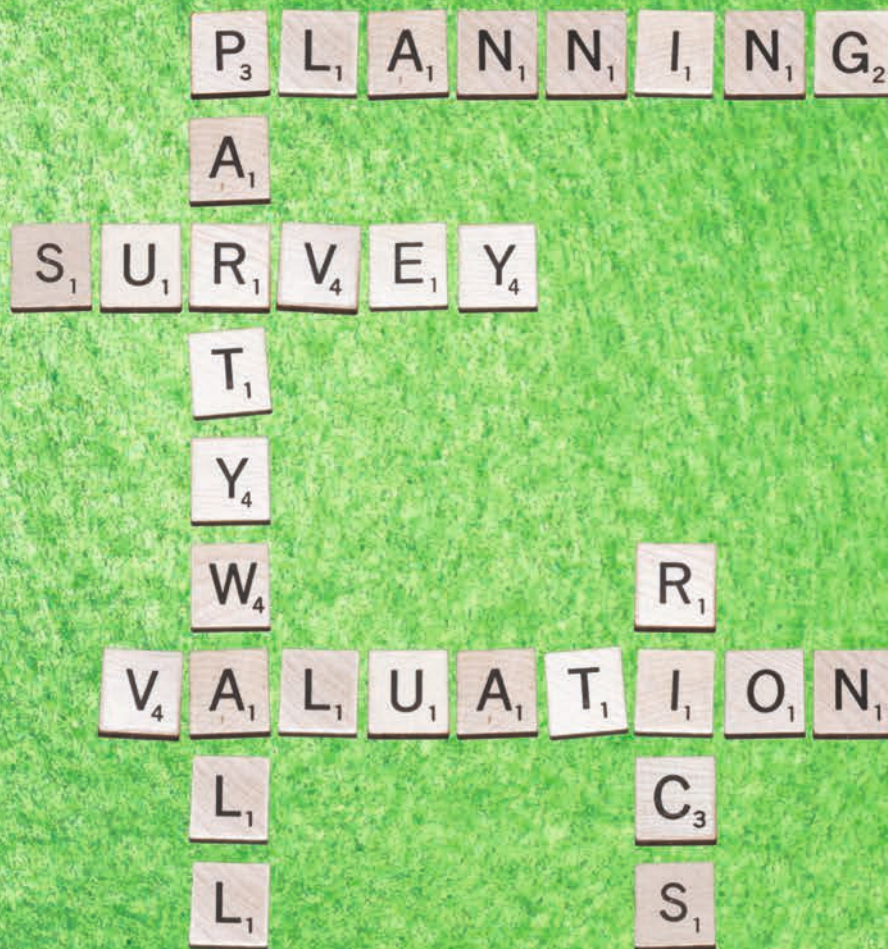
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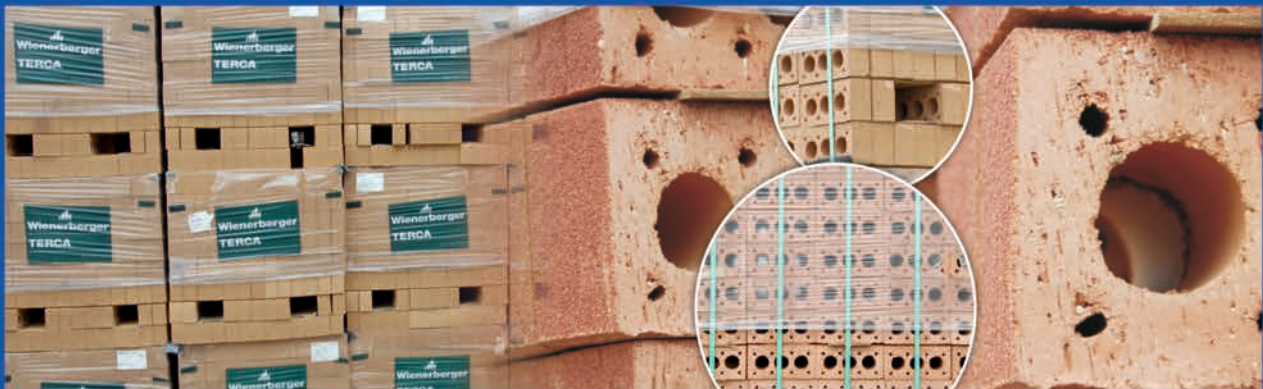
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Once again we thank you for your attendance and continued support.



Some Committee Members at our recent monthly meeting

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