

ਸ਼ੁਭ ਕਰਮਨ ਤੇ ਕਬਹੂੰ ਨ ਟਰੋਂ

Never refrain from righteous Acts.



Sikh Welfare Society

"Service with Sacrifice"

Registered Charity No: 1155444

17th Annual Function

Saturday 17th May 2025



ਭਾਈ ਘਨੂਈਆ ਜੀ ਜੰਗ ਵਿੱਚ ਬਿਨ੍ਹਾਂ ਕਿਸੇ ਵਿਤਕਰੇ ਤੋਂ
ਜ਼ਖਮੀਆਂ ਨੂੰ ਜਲ ਫਕਾਉਂਦੇ ਹੋਏ

**Venue: London Chigwell Prince Regent Hotel
Manor Road, Woodford Bridge, Essex IG8 8AE**

Medical Camps 2025





Jas Athwal MP
Ilford South

Jas Athwal MP

Member of Parliament for Ilford South
House of Commons, London, SW1A 0AA
jas.athwal.mp@parliament.uk

Sikh Welfare Society
Carlton House,
501 High Road,
IG1 1TZ

Sikh Welfare Society - SEVA 2024/25

Tuesday 6th May 2025

Dear Committee Members of SWS,

I write to commend you on the charitable work that you have done this year and in the last two decades.

Your support in eye camps across India and generous donations to the paediatric ward at Queen's Hospital for gifts and toys are truly commendable contributions that reflect a deep compassion and commitment to communities here and in India.

The Society has consistently excelled in its charitable efforts, growing from strength to strength through numerous impactful initiatives.

You are truly living out one of the core tenets of Sikhism - Seva, service of others.

I wish you every success in years to come and thank you for your hard work in the past twelve months.

Wishing you all the best for the future.

Best wishes,

Jas Athwal

Member of Parliament for Ilford South

Westminster Office:

Office of Jas Athwal MP,
House of Commons,
London, SW1A 0AA

Constituency Office:

Office of Jas Athwal MP,
6 Mildmay Road
Ilford South, IG1 1DT

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GURINDER SINGH JOSAN CBE – MEMBER OF PARLIAMENT - SMETHWICK



HOUSE OF COMMONS

LONDON SW1A 0AA

Tel: 0207 219 7711

Email: colyerl@parliament.uk

6th May 2025

Sikh Welfare Society
Carlton House
501 High Street
IG1 1TZ

Dear Sir / Madam,

I am writing to congratulate the Sikh Welfare Society and your volunteers on your several years of selfless seva. I am aware the charitable work you have done and continue to do, here in the UK and in India, makes a real difference for people of all backgrounds. This selfless seva truly demonstrates our Sikhi values in action and serves to portray the very best of our community.

I want to thank you for all you do, and I have every confidence the Sikh Welfare Society will continue to change peoples lives for the better going forward.

Yours sincerely,

A handwritten signature in black ink, appearing to be 'GJ' followed by a long horizontal stroke.

Mr Gurinder Singh Josan CBE, MP,
Smethwick.



HOUSE OF COMMONS
LONDON SW1A 0AA

Sikh Welfare Society
Carlton House
501 High Road
Ilford
Essex
IG1 1TZ

7 May 2025

Dear Committee Members of the Sikh Welfare Society,

Following a discussion that I had with Jas Athwal MP, Member of Parliament for Ilford South yesterday, and having acquired knowledge about your activities, I am writing to congratulate you on the extensive charitable work that you have been doing to support the well-being of communities, with your collaborative approach, whilst also increasing understanding about Sikhism and its principles, particularly amongst our younger generation. May you long continue.

With best wishes.

Yours faithfully,

A handwritten signature in black ink, appearing to read 'Warinder Juss', written over a horizontal line.

Warinder Juss MP
Member of Parliament for Wolverhampton West

Preet Kaur Gill MP



HOUSE OF COMMONS
LONDON SW1A 0AA



Sikh Welfare Society
Carlton House,
501 High Road,
IG1 1TZ

7 May 2025

Dear Members,

Congratulations on the great work that you have done for people less fortunate. The Seva you do will change many lives and it is commendable that this selfless service has been going for Seventeen years.

It's particularly heart-warming the gifts that you distribute at Christmas at Queen's hospital to children who are unfortunate enough to be in hospital.

I wish you all the best for the future in your charitable endeavours.

Best wishes,

Preet Kaur Gill MP
Member of Parliament for Edgbaston

To sign up to my Weekly Updates



Member of Parliament for Birmingham Edgbaston

Telephone: 0207 219 2879 Constituency Office: 0121 392 8426 Email: preet.gill.mp@parliament.uk
X : [@PreetKGillMP](https://twitter.com/PreetKGillMP) Facebook: [facebook/PreetKaurGillMP](https://facebook.com/PreetKaurGillMP) Website: preetkaurgill.co.uk

Re: Thank you for your donation
Dear Sikh Welfare Society,

We are writing to you to thank you for your very kind donation that you have made to the NELFT NHS Charity and also the donations that you have made over the past few years.

The NELFT NHS Charity for The North East London NHS Foundation Trust (NELFT). Our role as an NHS charity is to help our Trust do more. We fund projects relating to Trust environments, patient activities, staff well-being, innovation and non-essential equipment in order to help patients access the best possible care when they need it the most. We ensure that any donations received do not go into the exchequer funds. We use them to reach above and beyond what the NHS alone can provide, touching lives and making a huge difference to millions of people when they are at their most vulnerable.

Your donation and generosity mean so much, and the impact of your support will make a real difference to the lives of those we support through our charity.

We are also excited to announce that we have now reached our target for the sensory garden and are currently in the planning process to get contractors in to start to break ground in the first quarter of 2025. It is thanks to the generosity of wonderful people like yourselves who have helped us to get to this point and we look forward to being able to show you how your money has been used next year.

We do again thank you for your generous donation.





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Sikh Welfare Society
c/o Mr. Daljit Johal.
501 High Road
Ilford
Essex IG1 1TZ

23 December 2024

Dear Mr. Johal and members

Generous donation for Children's play at Queen's Hospital £1000

Thank you so much for visiting us at the hospital to present another amazing donation from the members of The Sikh Welfare Society towards play therapy for children in hospital care. I was so sorry I was not able to attend your presentation personally as I think I have met up with you every year since I started with the charity in 2015! The Sikh Welfare members are our special friends.

We truly value your continued support. Please would you pass my sincere thanks to every member that contributed to this wonderful donation.

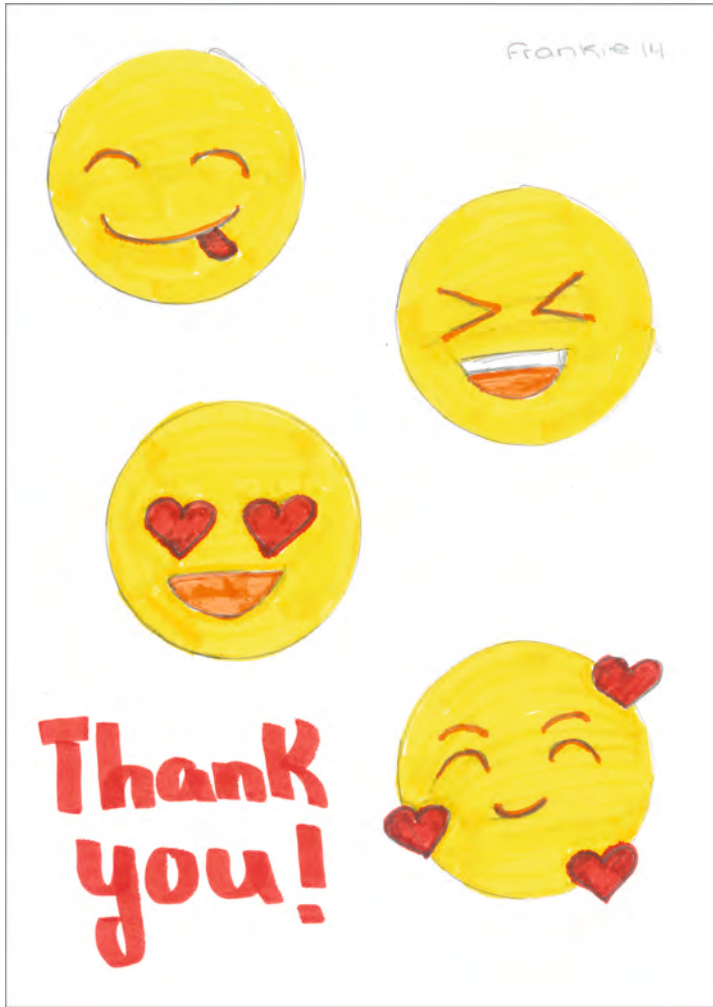
As I have said before, many people bring gifts to our children's wards at Christmas, and we are incredibly grateful, but we have children to care for throughout the year – not only at Christmas. Your annual donation helps us to provide arts and crafts every day of the year. A child that is occupied and having fun doing an art project, or playing a game is less likely to be frightened or anxious in hospital and keeping children calm will aid their recovery. Thank you for helping us to keep the children entertained and happy in hospital.

Once again, sincere thanks for your support – we are working hard to make our hospitals even better. We simply could not do what we do without kind-hearted groups like you supporting us in the community.

With kind regards

Lynda Head
Head of Fundraising





Dear Sikh Welfare Society

Thank you so much for the lovely donation of £1000 you so kindly donated to Tropical Lagoon, Children's Ward.

*Thanking you
All the Play Team and Staff on
Tropical Lagoon, Queens Hospital*



Honorary Guest Balbir Singh Khanpur

Bhujhangy Group

The Bhujhangy Group was founded in Smethwick near Birmingham in 1967 by Balbir Singh Khanpur and his brother Dalbir Singh Khanpur. Balbir and Dalbir joined their parents in coming to the United Kingdom in 1964, with their parents having emigrated approximately 10 years earlier. As Brothers in their childhood, they sang Shabads in Smethwick Gurdwara and attended Punjabi classes. The sangat gave them the name “Bhujhangy Jatha” meaning children’s group.

Their first official recording was “Teri Chithi Noon Pardhan “ a 7” song EP recorded in 1967 and distributed manually in pub juke boxes before being officially recorded and distributed in late 1969-70. Bhujhangy Group appeared on television in 1969 as part of the celebrations of Sri GURU NANAK DEV JI maharaj 500th birthday anniversary. The group had always been interested in western music as well as traditional Punjabi music, learning to play the Guitar, Banjo and Accordion as well as the Dhol and Tumbi.

In the early 1970s, the Bhujhangy Group’s single “Bhabiye Akh Larr Gayee” was the first recording to combine traditional Asian sounds with contemporary western musical instruments and influences, representing a historic step in the development of Bhangra music. They have recorded 300 songs and are the first group to introduce Bhangra in the UK

Balbir & Dalbir sang together as the Bhujhangy Group for over 40 years but unfortunately, Dalbir Singh passed away with a heart attack in 2008. Balbir Singh has since been placed into the Guinness book of world records for the “longest running Bhangra Band in the UK”. He is the only member to have continuously performed for 55 years under the name “Bhujhangy”, a name trademarked by himself.

Balbir has received many awards for his 55 years long contribution to the Bhangra music Industry, including receiving an award from the House of Commons in 2009 for ‘contribution to Bhangra music in the UK’ and and a “Lifetime achievement“ award at Brit Asia awards 2011. In spite of their huge success in the entertainment industry, both brothers have come from humble backgrounds and worked hard in the Birmid Qualcast foundry in Smethwick their entire life till retirement.

Balbir has dedicated his life to singing and promoting music. He has written and sung songs for many different communities and religions. His incredible diversity and expertise in singing a variety of genres is second to none, ranging from classical, Hindi, Bollywood, religious shabads, ghazals, Qawalis to general Bhangra and folk music. Some of the examples are as follows;

BHANGRA SONGS.

1. Balle Balle Shava Shava.
2. Nach Nach Pao Bhangray
3. Bhabie Akh Larr Gayee
4. Gidhe Wich Nach
5. Peeni Aa Walati.
6. Gabroo Punjab De.
7. Jhanjhar Na Chhanka
8. Billian Akhan Wali.

GURBANI SHABADS

1. Koi Ohnu Rab Aakhe
2. Sat Guru Mere Di
3. Nanaki Da Veer
4. Aaie Hasdi Jhoomdi Visakhi
5. Jyot Guru Nanak Di
6. Sach Khand Ja Rahe
7. O Rabba Aj Khair Kari
8. Loan Tattian Te Baitha

Balbir Singh Khanpur



Balbir Singh
'Guinness Book Record Holder'
'Pioneer of Bhangra Music UK'

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GUINNESS WORLD RECORDS 2005

Est Since 1967

Honorary Guest

Dr Opinderjit Kaur Takhar MBE

Opinderjit Kaur Takhar MBE is Associate Dean for Research and Knowledge Exchange in the Faculty of Education, Health and Wellbeing. She is also Associate Professor of Sikh Studies and the Director of the multi award winning Centre for Sikh and Panjabi Studies at the University of Wolverhampton. The Centre is the first and the only academic centre of its kind in the UK.

In January 2022, Opinderjit was elected as President of 'Theology and Religious Studies UK' (TRS-UK), as its first ever President of colour. She was given an MBE in 2018 for her services to Higher Education and to the Sikh and Panjabi community by the now King Charles. She has been honoured as one of 75 women of Indian heritage across the world to have a global impact of her work by the British High Commission in India.

She is consultant to the BBC on Sikhi and the Sikhs and has consulted on numerous BBC documentaries on the Sikhs. Recently she has been appointed to the BBC's Advisory Council for Religion and Ethics. She was also the Visiting Chair of Sikh Studies at the National University of Singapore for 2024.



Chairman's Annual Address 2024/25

Respected elders, honoured guests, dear members of the Sikh Welfare Society, and beloved members of our Sangat,

It is with immense gratitude and humility that I stand before you this evening as the Chairman of the Sikh Welfare Society for the year 2024/25.

We are not just a group of like minded individuals who wish to give something back to our communities, but a family who that calls upon each of other to serve with integrity, compassion, and unwavering faith in the values that lie at the heart of our Sikh identity.

Our Work This Year

This year has been one of great impact, deep service, and meaningful transformation.

Medical Outreach in Punjab

One of our proudest achievements has been the organisation of vital medical camps in both rural and remote villages of Punjab where our members both organised and attended with their family and friends.

We treated patients suffering from cataracts, partial blindness and hearing impairments. Through these camps, we distributed prescription spectacles, hearing aids and treatments giving light where there was once darkness. To ensure no one was left behind, we also introduced transport for our sangat to our camps and to hospitals for treatment.

Education

This year saw the funding and scholarship of our very first student, a mission that our members feel important for the future of Punjab.

Further support was also offered to Helping Hands Organization in Phagwara, with co-support from Surjit Ghuman from Punjab Radio who assists children with their education term fees, so financial hardship cannot be a barrier to education.

Personal Fundraising Endeavour

On a personal note, I undertook a 10-kilometre London charity run, through which we raised one thousand pounds for Great Oldman Street Children's hospital, and I would encourage everyone to join me again this year.

The Society continued the tradition of donating to the Children's ward at Queens & King George hospital for children who are unfortunate enough to be in hospital at Christmas.

Looking to the Future

While we reflect on these achievements with joy and humility, our journey is far from complete. In the coming year, we will continue to strengthen our focus on education and healthcare, not only across Punjab, but right here in the UK, staying true to our founding mission.

Gratitude & Acknowledgements

None of this would be possible without the collective spirit that binds us.

To our executive team, our tireless volunteers, our generous donors, and every member of this Sangat—you are the heartbeat of this Society.

Your time, your Dasvandh, your compassion—they are what turn intentions into action, and prayers into progress. Together, we have not just served meals or handed out glasses—we have given hope, healing, and dignity. We have shown that when a community rises together in the spirit of seva, there is no limit to the light we can spread in this world.

Gurpal Singh Uppal

Chairman 2024/25

General Secretary's Report 2025

Satnam Singh Sandhu

As General Secretary of The Sikh Welfare Society, I am delighted to extend a warm welcome to all the distinguished guests, members of The Sikh Welfare Society, family, friends and sponsors to our 17th Annual Function.

It all started almost nineteen years ago when like minded friends had an informal gathering in the Passage of India restaurant on Boxing Day. Moving forward to 2008, The Sikh Welfare Society was launched at the former Carlton Club and the first eye camp was organised the following year in Panjab at Ramdas, a historic town located in Amritsar with deep roots in Sikh history including a close association with Baba Buddha Ji.

Since its launch, The Society has come a long way and has gone from strength to strength. This year, The Society organised six eye and medical camps, all hundreds of miles apart in some of the most deprived areas of Panjab and Haryana. The five camps that took place at Jhabal, Raghwal, Moonak, Bhuna and Mou Sahib were funded by The Society. The sixth camp at Jandiali was organised and paid for by Mandeep Singh Binning, Rajwinder Singh Rana and Gurvir Singh Atkar. Over 800 cataract operations were successfully carried out and thousands of patients were provided with glasses, eye drops and other medication as required.

The Society appreciates the generosity of the doctors and support staff in the camps who year after year join hands with us in our endeavour, and provide their services free of charge. This year we also had Dr Kiranjit Nijjer, daughter of our Trustee Boota Singh Nijjer, who not only attended the camps but also examined patients.

On behalf of The Society, we acknowledge the dedication and support of our friends Col. Satbir Singh Waraich, Dr Surjit Singh Makkar and his team, Maharaja Ransingh Society, Sukhjit Singh Sandhu, Advocate Simaranjit Kaur and everyone else who over the years has played a role in bringing us to where we are today.

Our Chairman Gural Singh Oppal sponsored the distribution of school uniforms to students in Panjab, which was organised by Panjab Radio. After numerous conversations on how best to support academically able but underprivileged students, The Society took a decision to sponsor Harjeet Singh. He is very talented but his parents were unable to afford his Further Education, so The Society is funding his Mechatronics Engineering Diploma. His first semester results have just been declared and he passed with 81.16%. The Society will fund all of his tuition fees, the cost of materials, accommodation and travel until the course is complete.

Here at home, as in previous years The Society presented the Tropical Lagoon Ward at Queens Hospital with a donation of £1,100 to buy gifts for children who spent Christmas at the Hospital. The Society also donated £1,100 to the NELFT NHS Charity for the Brookside Adolescent Unit and £1,100 to the London Air ambulance Charity which delivers an advanced trauma team to London's most seriously injured patients. On behalf of The Sikh Welfare Society, our Chairman also raised £1,000 for Great Ormond Street Hospital and we continue supporting the Redbridge Mayors Charity.

With the on-going impact of the cost of living crisis, Singh Sabha London East Gurdwara Barking and Seven Kings provide thousands free meals to students and the homeless weekly, which The Society has been supporting by supplying provisions.

The raffle and auction prizes have been donated by Amrik Singh Gill and the drinks for the event have been sponsored by Surjit Singh Toot, Gurprit Singh Toot and Jasvinder Singh Sandhu. We thank all sponsors for their generous support. Special thanks to our member Balbir Singh for his work on updating The Society website.

Finally, I would like to offer my sincere thanks to all the members of Sikh Welfare Society and supporters for their endless efforts over the years. Thank you all for coming tonight and I hope to see you all on many more evenings like this.

Sikh Welfare Society's Free Healthcare Camps arranged in March 2025							
Medical Services Offered	Medical Camp Sites in Punjab & Haryana						Total
	Bhuna	Jhabat	Jindali	Mau Sahib	Moonak	Raghval	
Patients Examined with Eye Sight Issues	555	1000	810	663	1236	950	5214
Cataract Surgeries Performed	119	179	80	46	380	62	866
Prescription Glasses Provided			520	494		494	1508
Ear Examination			130				130
Hearing Aid Provided			88				88
Spinal Checks					383		383
General Check Ups	50				160		210
Dermatology	305				312		617
Gynaecology Checks	110				58		168
Child Checks	95				128		223
Paediatrics					36		36
X Rays					56		56
ECGs					22		22
Orthopaedics	290						290
Dental Check Ups	190						190
Ear Nose & Throat, (ENT) Examination	155						155
Total Patients Examined	1750	1000	898	663	2250	950	7511

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Never refrain from righteous Acts.



**A Welcome Message
From the Members of the Sikh Welfare Society
for our 17th Annual Function**

Our annual function takes place after Vaisakhi each year. As you are all aware Vaisakhi is the holiest day in the Sikh faiths calendar. It marks the ceremony in 1699 when on the first day of the month of Vaisakhi the tenth Guru, Sri Guru Gobind Singh Ji, created the order of the Khalsa. On this day, the Panj Pyare (the 5 beloved ones) came forward to offer their heads to their Guru. The Amrit ceremony marked their "rebirth" as the first of a new order. Guru Gobind Singh Ji gave them an identity (Five Kakar), a strong sense of discipline and a moral code of conduct. The combined code of conduct made them Saint Soldiers with a commitment to defend faith and the oppressed.

Everyone is invited to join us in our annual function and celebration of the spiritual harvest of Vaisakhi. The celebrations promise to be a family geared free event.

We are grateful to all our friends including those who have advertised in our brochure for all their continued support.

We hope you will enjoy the evening.

भारत का सबसे बड़ा मीडिया संगठन

भारतीय ग्रामीण पत्रकार ट्रस्ट (रजि.)

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राजदार टाइम्स

अब तक
पास्ट चैनल
Chief Editor: Rakesh Sharma
M: 94640-78622



Religious Books

The society has designed number of books on Sikh religion and were distributed free of cost all over the U.K and Europe. The first book was designed under the title SIKHISM and 30,000 of these books were printed and distributed free.

The second book was designed in our mother language Punjabi with addition of Punjabi alphabet so that our future generations can also learn our own language. Ten thousand of these were printed. Some of these books were also distributed free in India.

In 2019 on the 550th birthday of Sri Guru Nanak Dev Ji the SIKHISM book was updated with additions of few pages based on the life of our first Guru Nanak Dev Ji.

In 2021 a new book was published based upon the celebrations of ninth Guru Sri Tegh Bahadur Ji Maharaj coming into this world. Five thousand of these books are being distributed.

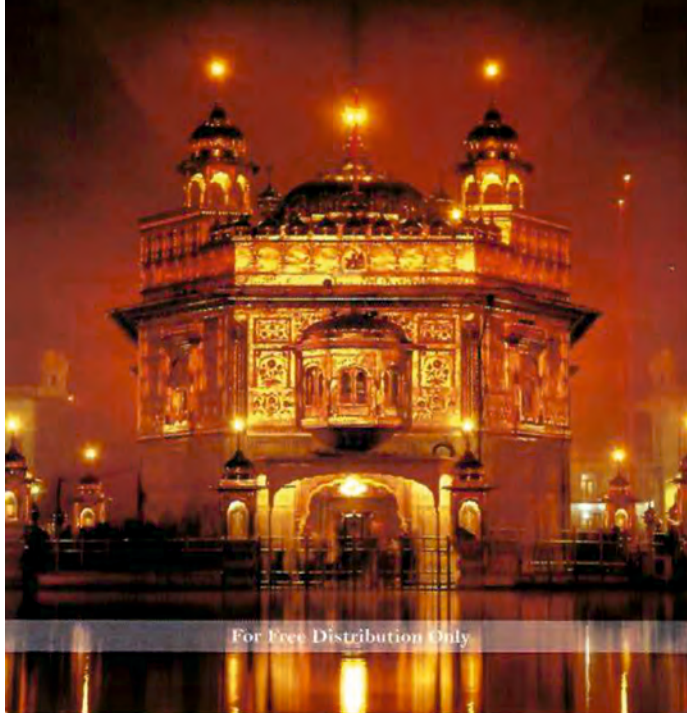
All these books are marked with **FOR FREE DISTRIBUTION ONLY** and are delivered at our own expenses.

Also these books can be downloaded free from our website

www.sikhwelfaresociety.co.uk

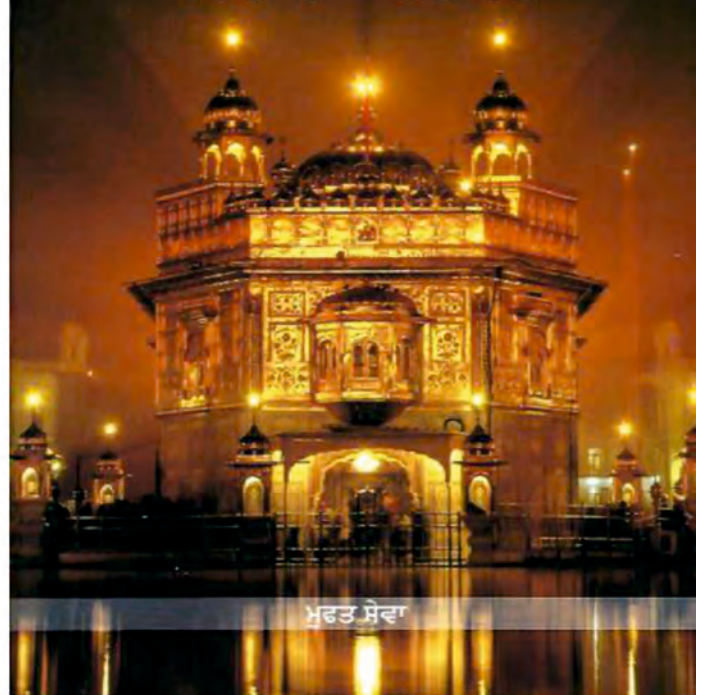


SIKHISM

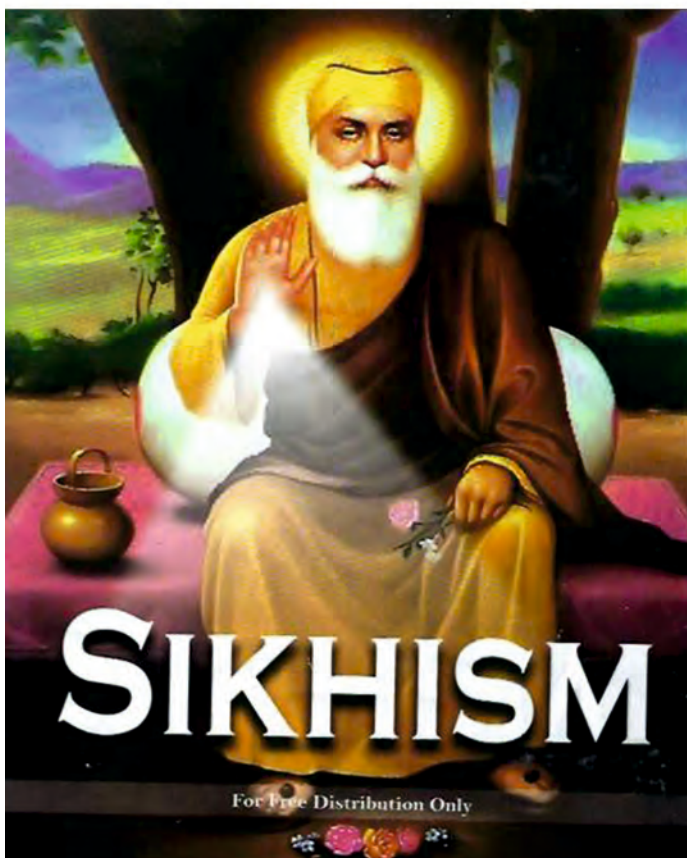


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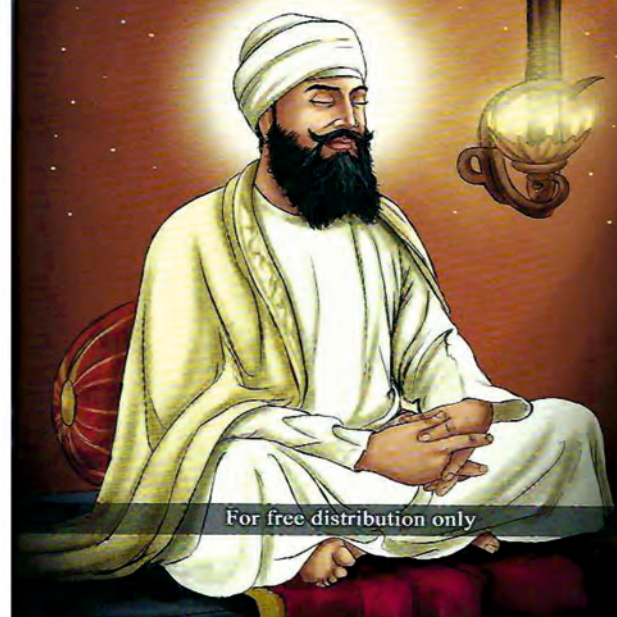


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Medical Eye Camp 3rd March 2025 (Mau Sahib) (Jalandhar)

THIS CAMP WAS ORGANISED BY SIKH WELFARE SOCIETY LONDON. THIS WAS THE FIRST CAMP HELD IN MATA GANGA JI PUBLIC SCHOOL MAU SAHIB NEAR MATA GANGA JI GURDWARA SAHIB ,OUR 5TH GURU ,GURU ARJAN DEV JI AND MATA GANGA JI MARRIED IN THIS VILLAGE JUNE 1589.

CAMP WAS HELD VERY CLOSE TO RURAL AREA THAT IS CLOSE TO SUTLEJ RIVER.

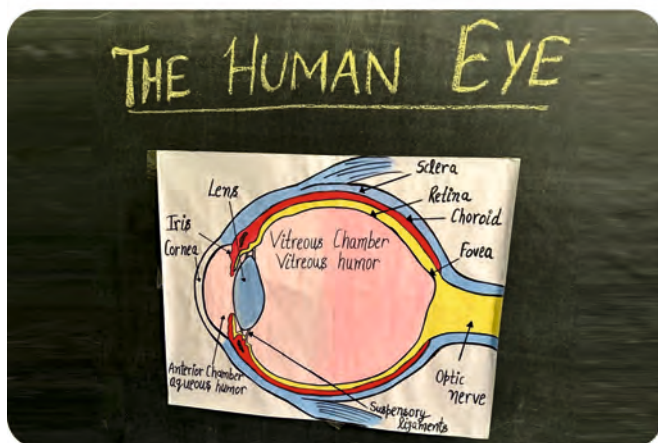
MEDICAL CHECK UP AND OPERATIONS CARRIED OUT BY AKAL EYE HOSPITAL NAKODAR AND JALANDHAR.

- NUMBER OF PATIENTS EXAMINED (OPD):- 663
- NUMBER OF SURGERIES CARRIED OUR:- 46
- NUMBER OF SPECS USED IN CAMP:- 494
- MEDICATION PRESCRIBED AS REQUIRED

CAMP WAS WELL ATTENDED BY MANY SIKH WELFARE SOCIETY MEMBERS AND NRI S ATTENDED WITH THEIR FAMILIES, TEA AND LANGER WAS SERVICED.

THE SOCIETY IS ETERNALLY THANKFUL TO MADAM PRINCIPAL HARPAL KAUR AND HER STAFF OF THE SCHOOL, LOCAL FRIENDS FOR THEIR HARD WORK TO MAKE THE CAMP A SUCCESS.

Medical Eye Camp 3rd March 2025 (Mau Sahib) (Jalandhar)



Free Eye Camp at Raghwal Hoshiarpur

5th March 2025

Free eye camp was organised in the remote but very pleasant village in Shivalak Hills Public School, Raghwal, Distt Hoshiarpur. This village is situated on the border of Panjab and Himachal State, in the foothill of mountains, with very limited career opportunities in the area. This was our fourth and very successful camp in that area.

As always medical services were provide by Akal Eye Hospital Jalandhar and Bhogpur. We thank doctors, nurses and support staff for their support. It was a very pleasant day. Camp was very well attended. Free Guru Ka Langar was served throughout the day.

Almost 950 patients were checked. 62 Cataract operations were successfully carried out. One patient with blocked veins in the eye and second with fluctuating eye sight is still being treated. 494 reading glasses, eye drops and other medicines were distributed as required on the day. Managing director, principal and staff of the school was present all day helping in managing the camp.

This year Sikh Welfare Society also sponsored one student Harjeet Singh. He is a very bright student. Unfortunately his parents could not afford to pay for his further education. Society sponsored him and agreed to pay full cost of three years Mechatronics Engineering Diploma including cost of hostel, food, travelling and books. He has completed his first semester board exams wit 81.16% marks.

Society really appreciates the help and efforts of Sukhjit Singh Sandhu and Nimritjit Kaur Advocate. We also thank Ajit Singh Randhawa Managing Director of Shivalak Hills Public School for affording us the facilities of the school on the day. We hope our partnership with them will carry on for many more years to come.

Free Eye Camp at Raghwal Hoshiarpur

5th March 2025



Medical Camp Moonak, Distt Sangrur

8th March 2025

Moonak is a town situated on the border of Punjab and Haryana. It is a deprived area because of its bordering location. A multi-speciality camp was held which also included eyes check-up.

Eyes check up:	Dr. Manvander Singh MBBS Jain Samadhi Hospital Tohana	
	Patients checked.	1236
	Eyes Operation	380
Spine Diseases	Dr. Raj Bahadur Regional Spine Centre Mohali	
	Patients checked.	383
General Cases	Dr. Girdhari Lal Goyal MD	
	Patients checked.	72
General Cases	Dr. Kiranjit Nijjer (MBBS UK)	
	Patients Checked	88
Skin Diseases	Dr. Bhushan Kumar Ex. Prof. PGI	
	Patients checked	312
Gynaecology OPD	Dr. Sarla Malhotra Ex Professor PGI	
	Patients Checked	58
Child Specialist	Dr. Neeraj Gupta	
	Patients checked.	128
Paediatrics	Dr. Robin Jodha Mohali	
	Patients checked	36
X Ray's		56
ECG		22
	TOTAL OPD	2255

Patients were provided with free medicines and X-rays facilities BP and Sugar checks whoever required. We are Grateful to **Maharaj Ran Singh** Welfare Society Moonak for their support in this Camp. We are also thankful to **Jain Brothers** for providing free Langar Seva.

Medical Camp Moonak, Distt Sangrur

8th March 2025



Medical Camp Bhuna, Distt Fatehabad, Haryana

9th March 2025

This Town is quite close to Punjab and Haryana border and our society has been providing these medical services to the local community from more than 15 Years now.

Eyes OPD:	Dr Manvinder Singh MBBS,M.S. Jain Samadhi Hospital Tohana	
	OPD	555
	Cataract Operations	119
	Others were provided with eye drops and essential medicine	
Orthopaedics	Dr. Sanjay Arora M.B.B.S. Orthomed Hospital, Hisar	
	Ortho OPD	290
Dermatology	Dr. Rama Bansal MBBS, D.V.D. Bala Ji Child Hospital Fatehabad	
	Skin OPD	305
Children Medical Check up	Dr. Satish Bansal MBBS Bala Ji Child Hospital Fatehabad	
	Child OPD	95
Dental OPD	Dr Deepak & Puneet Bansal Bansal Dental Hospital.Bhuna	
	Dental OPD	190
ENT	Dr Sachin Jindal MBBS, M.S. Advance ENT Care Hissar	
	Patients Checked	155
Gynaecology OPD	Dr Nidhi Jain MBBS, M.S. Goyal Nursing Home Ratia	
	Patients Checked	110
General	Dr Kiranjit Nijjer (MBBS UK) General Practitioner	50
TOTAL OPD CAMP		1700

Free Service Provided:

Langar, Tea, Biscuits & Refreshments provided by Baba Randhir Mandir, Bhuna
Sangam Laboratory Bhuna Free Sugar Tests, Blood Tests and X- Rays
Luxmi Tent House Bhuna

Medical Camp Bhuna, Distt Fatehbad, Haryana

9th March 2025



Eye Camp at Jhabal (Amritsar)

March 2025

This year's Amritsar area camp was held like the previous years at Jhabal. It is situated approximately 20 kilometers from Amritsar and fairly close to the Wagah border of Pakistan. Jhabal is in close proximity of Bir Baba Budha Sahib which holds a prominent place in the Sikh history.

Baba Budha Ji spent many years of his life here and Guru Arjan Dev Ji also visited this place. Baba Budha Ji looked after the vast area of forest land and did farming. He was a venerable sikh who lived up to the age of 125. He anointed five succeeding Gurus after Guru Nanak Dev Ji.

The camp was well attended. It was a pleasant day. Patients came from far and wide. Guru ka langar was served throughout the day. Having spoken to number of patients they were all very appreciative for the good work being done and They wait eagerly for the whole year to get their eyes checked. It demonstrates the trust they have placed in the hands of our team.

During the day just over 1000 patients (OPD) were checked. 179 patients needed cataract operation. Spectacles and eye drops were freely distributed.

It was noticeable that the average age of patients was higher than the age in the previous years. The number of female patients was high too.

Paul Waraich

Sikh Welfare Society

Eye Camp at Jhabal (Amritsar)

March 2025



Eye and Ear Camp Report: Jandali Kalan Village, Near Phagwara

Jandali Kalan, a village located in the Kapurthala district of Punjab, India, near the town of Phagwara, recently hosted a successful Eye and Ear Camp focused on delivering essential healthcare services to the local population. The initiative was met with a warm response, reflecting the community's need for accessible and specialised medical care.

Organised with the aim of improving vision and hearing health in the area, the camp brought in healthcare professionals who offered comprehensive screenings, treatments, and follow-up guidance.

Key Eye Care Statistics:

- **Total Individuals Examined (Eyes):** 810
- **Number Requiring Lenses:** 80
- **Surgeries Completed:** 78
- **Spectacles Distributed:** 520 pairs

Key Ear Care Statistics:

- **Total Individuals Examined (Ears):** 130
- **Hearing Aids Fitted:** 88

In addition to direct treatments, the camp offered post-operative care advice, distributed medications, and educated attendees on long-term eye and ear health. Many beneficiaries expressed their gratitude, as these services are often difficult to access in rural areas.

This initiative demonstrated the positive impact of focused healthcare outreach in underserved regions. It not only enhanced physical health but also contributed to improved quality of life and community awareness.

Encouraged by the outcome, the organizing team plans to expand similar camps to neighbouring villages, ensuring consistent and equitable access to healthcare across the region.

Eye and Ear Camp Report: Jandali Kalan Village, Near Phagwara, March 2025

